

# MONTHLY NEWSLETTER

**SEPTEMBER 2023** 

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- ▶ Memory Cafe

- Suicide Prevention

  Month
- Staffing Updates
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# FY23 ANNUAL REPORT

### **Annual Report**

Happy September Hanul Family!

We are very happy to announce that our FY23 Annual Report is published and available for all to view! Please read through our FY23 Annual Report for a message from us, important highlights & information, testimonials, and acknowledgements.

Thank you to all who supported Hanul in FY23 to make it as successful as it was, and we look forward to an even greater year in FY24!

# SPARKS of inspiration

## **2023 ANNUAL REPORT**

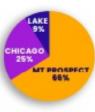
#### A MESSAGE FROM HANUL FAMILY ALLIANCE

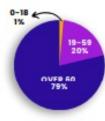
In 1987, the Korean American Senior Center was founded to serve the older adult Korean-American community in Chicago. With sparks of inspiration, the agency gained traction and evolved into Hanul Family Alliance in 2007. For over three decades, Hanul has become an essential resource to the Korean American and multiethnic immigrant communities in Chicagoland. As Fiscal Year 2023 comes to a close, we stand on the brink of a new era for Hanul. We are inspired. We look to reconnect with friends from the past, forge new partnerships, expand our services, and ignite new programs. In true form, we are ready to ignite Hanul's **Sparks of Inspiration**.

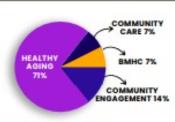
Thanks to the dedication of our staff, board, volunteers, donors, and partner organizations, Hanul continues to thrive. Your dedication to our mission plays a pivotal role in Hanul's impact on the community. As we look to the coming year, we are filled with excitement. We invite you to take a look at this annual report and be inspired to create new **Sparks of Inspiration!** 

# TOTAL NUMBER OF CLIENTS SERVED:

5,488







BY OFFICE

**BY AGE** 

BY SERVICE AREA

## **2023 OFFICE HIGHLIGHTS**



# Total Number of Meals Prepared at the Chicago Kitchen: 30,709

The Chicago Office received a \$250,000 Capital Improvement Grant from the Illinois Department of Human Services (IDHS) to expand our current kitchen space to meet the growing demands for our nutrition program. New kitchen equipment and additional labor support is a critical part of our expansion plan, which is not funded by this or other grants.

MOUNT PROSPECT



### 28% Increase in Clients Served 61% Increase in Number of Staff

Due to increase in services and programs at the Mt. Prospect office, we are adding an additional unit to our current office space to accommodate our increasing number of clients and staff members at the Mt. Prospect Office.

LAKE



### Percent Increase in Behavioral and Mental Health Program: 185%

The Hanul Behavioral and Mental Health Center (BMHC) was launched at the Lake County Office. Our bilingual and bicultural counselors are ready to provide counseling, support groups and education programs. We are currently paneled with 4 insurance policies, and our goal is to get 6 more insurance policies, including Medicald and Medicare.

HANUL FAMILY ALLIANCE 2023 ANNUAL REPORT



## **TESTIMONIALS**



#### DR. JOSEPH KYU HAE CHUNG, PRIVATE HOME CARE CLIENT

Dr. Joseph Kyu Hae Chung (1939 - 2023) passed away on August 6, 2023, after receiving Hanui's Private Home Care for over a year. Mr. Chung's wife, Esther, had also been a Hanul Private Home Care client before she passed again in 2021. Sharing his home care experiences, Mr. Chung once stated: "The home care aide kindly comes every week to help tidy up and clean my house, do the laundry, and even is willing to help me when I need to go grocery shapping. I greatly appreciate it since I had to manage everything by myself after my wife departed. I was very nice to get not only practice help but also kind comfort from a Hanul home care aide."



#### MS. YONGSOON PARK, HEALTHY AGING CLIENT

'Hello everyone, my name is Yongsoon Park. When I received a letter in English, I was very frustrated because I did not know what to do with it. Hanul Family Alliance helped me with all the paperwork and I am so grateful for that. Hanul helped me fill out applications for a Link card, free bus pass, senior apartment applications, energy assistance, and so much more! Thank you Hanul and please continue to help our older adults! Thank you."

## WAYS YOU CAN SUPPORT



VOLUNTEER
The gift of your time is meaningful to the people we serve. Volunteers are needed in all three offices, for events, and remotely. Call our offices or email volunteer@hanulusa.org.



DONATE
Financial or in-kind
contributions at any level will
help us grow to reach out to
more people in need. Visit us at
hanulusa.org/donate to make a
donation today.



JOIN OUR TEAM
Join our growing team at Hanul
by looking at our latest
openings: hanulusa.org/career



VOLUNTEERS AT OUR KOREAN THANKSGIVING EVENT



### CONTACT

⊕ www.hanulusa.org 
☐ hanul@hanulusa.org Suburban Office

Chicago Office

5008 N. Kedzie Ave 1166 S. Elmhurst Rd TEL: 773-478-8851 TEL: 847-439-5195

Lake Office 300 Knightsbridge Pkwy Ste 125 Chicago, IL 60625 Mt. Prospect, IL 60056 Lincolnshire, IL 60069 TEL: 847-393-7488

HANUL FAMILY ALLIANCE 2023 ANNUAL REPORT



Being a Nutrition Program volunteer fills me with joy. I love seeing my senior friends when delivering meals. Volunteering for Hanul helps me feel a connection to my Korean heritage and to my mom who passed away in 2018. Hanul inspires me to instill the value of volunteerism and the importance of community in my 10 year old daughter. Romy Barrett Golden, Chicago Office HDM Volunte



· Premier Home Health Care City of Chicago Small Business Improvement Fund

Bisco Charitable Foundation

#### **ACKNOWLEDGEMENTS**

#### **Elinois Department on Aging**

- IDHS via ICIRR
- Chicago Department of Family and Supportive Services
- Ann & Jeffery Choh
  Asian Health Coalition of Illinois
  The University of Chicago
  Catholic Charities of the
  Archdiocese of Chicago
  CEDA
- Clarity Partners ICCB via CMAA IDOA via CLESE
- Illinois Attorney General Immigration Legal Resource Center
- Lake County Community

Walgreens

# Foundation RRF Foundation for Aging Blinois Secretary of State

- Bisco Charitable Foundation
  Chicago Metropolitan Agency
  for Planning (CMAP)
  Consulate General of Korea
  David J. Koo
  Denny H. Kim
  Dream World Inc
  Euyli Hohn
  John Oh
  Lucy Park
  MacArthur Foundation
  Minos Law
  Regino Park Regina Park
   Sajung Park

Thank you to all our supporters in FY23. For a full list of our donors,

FY23 Annual Report

Full Donor & Partnership Acknowledgements

# HANUL HYO FESTIVAL



### Hanul Hyo Festival

We are very excited for our upcoming 20th Hyo Festival ( ) occurring in less than a month on October 21st, Saturday. The Hanul Team has been preparing greatly for this upcoming event, and we cannot wait for all our clients and guests to enjoy this wonderful celebration that has returned after 3 years!

Tickets are being sold and can be purchased in-person at all three Hanul offices and online here.

We are seeking additional volunteers to assist us on the day of the event. If you or anyone you may know would like to volunteer, please <u>click on this signup form here.</u>

Volunteer Registration

# MEMORY CAFE



### Memory Cafe - New Cycle Beginning 10/6

이 안내문은 이연방노인복지법 (TITLE II OF THE OLDER AMERICANS ACT) 에 따라 일러노이 노인국과 건강, 가족 복지국 그리고 AGROPTIONS (세비브 축카운터 노인복지국)의

지원으로 제공됩니다. 한물은 일리노이 인권법, 미인권법, 564 조 장애인차별공지법, 연령차별공지법, 고용차별공지법, 미연방과 일리노이주 천법에 따라 모든 프로그램과 서례스 이용자들을 차별하지 않습니다. 모든 문의 및 신고는 한물목지관으로 연락주세요.

CONTACT HAMUL FAMILY ALLIANCE AT 847-439-5105

The new cycle of our Memory Cafe will begin on October 6th, Friday. It will be run by <u>Hyejin Kim</u>, PhD, RN - Assistant Professor in the Department of Adult Health and Gerontological Nursing, College of Nursing at Rush University.

Please contact Anna Kim, Community Health Program Coordinator at <u>annakim@hanulusa.org</u> or 847-439-5195 ext. 208 for more information and any questions you may have!

# SUICIDE PREVENTION MONTH



#### **Suicide Prevention Month**

The month of September marks Suicide Prevention Month. Amongst the older adult community, the suicide rate remains very high. The suicide rate of older adults (age 65 years and above) has been <u>highest among all age groups in men</u>. <u>In another study</u>, 14.7% of Korean American older adults reported suicidal ideation.

Here at Hanul Family Alliance, we recognize the need in supporting our community and older adults in all capacities, especially regarding mental and behavioral health. Since its conception in 2018, <u>our Behavioral & Mental Health Center</u> has helped provide mental health and substance use counseling services to hundreds of Korean older adults and neighboring residents.

Please reach out to our Behavioral & Mental Health Center if you or anyone you may know needs any support <u>through this form here</u>. We are here for you at Hanul Family Alliance! Thank you.

#### Hotline Information:

National Suicide Prevention Lifeline - 800.273.TALK (800.273.8255)

Disaster Distress Helpline - 800.985.5990

Trans Lifeline - 877.565.8860

Veterans Crisis Line - 800.273.8255, press 1

The Institute on Aging's Friendship Line (adults over 60 or with disabilities) - 800.971.0016

The Warm Line - 866.359.7953

# STAFFING UPDATES

We are very excited to share staffing updates at Hanul with you all. We have hired 4 new staff members in the month of September!

**Jackie Hyang Choi** has joined the Hanul Team as an Admissions Assistant to help accommodate our growing clientele at the Hanul Behavioral and Mental Health Center (BMHC) at our Lake Office. After graduating with a degree in physics, Jackie worked at airlines and a large law firm before moving five years ago to the States with her husband and son.

**Jenny Craig** has joined the Hanul Team as a Community Engagement Coordinator! Jenny is currently a senior enrolled at Loyola University Chicago majoring in political science and global studies, and minoring in Spanish. She has previously interned at an immigration office.

**Youngran Ko** has joined the Hanul Team as an Intern in Hanul's Internship Program. Youngran Ko will be a senior next year at Yonsei University in Seoul, South Korea. Youngran is majoring in sociology, and leads the Yonsei debate team and is an editor at the school magazine!

**Ellie Kim** has joined the Hanul Team as a Clinical Mental Health Intern at the Hanul Behavioral and Mental Health Center at Hanul. She is currently in graduate studies at Liberty University on track to graduate this upcoming May!

We are so grateful to have our new staff on board to help Hanul Family Alliance serve and assist our communities and clients.

# HANUL IS HIRING

### **Hanul is Hiring!**

Are you looking to benefit your surrounding community while putting all your skills and talents to the test? Working at Hanul Family Alliance is the perfect opportunity for you! Hanul Family Alliance is currently hiring for multiple positions. Here are the current openings:

### **Deputy Executive Director**

The Deputy Executive Director is a strategic thought partner to the Executive Director by providing leadership in partnering with the senior management team in strategic decision-making and operations. Please apply by emailing your cover letter and resume to <a href="mailto:isohn@hanulusa.org">isohn@hanulusa.org</a>.

### Home Care Aide (HCA)

We are hiring Home Care Aides (HCA) who can work in Chicago, Cook County, Lake County, and DuPage County. If you are taking care of your loved ones or looking for a job that is rewarding, this is the right job for you. If you are interested in applying, please apply here.

### Internship

Hanul offers an intensive hands-on internship program for high school, undergraduate, and graduate students with some background or interest in social work, counseling, nonprofit management, social welfare policy, research, program development, immigrant communities, and more. Please apply here if interested.

### © Newsletter from Hanul Family Alliance

Main Website | Home Care Website | Donate | Contact Us











