



MONTHLY NEWSLETTER



OCTOBER 2023

▶ **Hyo Festival Recap**

▶ **BMHC: Self-Care
Workshop**

▶ **Mongolian
Cultural Days**

HYO FESTIVAL RECAP



20th Hyo Festival Recap

Happy October Hanul Family!

Our 20th Annual Hyo Festival took place on October 21st. It was our first Korean Senior's Day celebration in three years since the pandemic started! To sum, the event was a major success!

We had record breaking attendance for this Hyo Festival (550 older adults, 130 staff/volunteers/partners/sponsors).

We especially thank all of our sponsors, partners, and volunteers who made this event extra special for all attendees. We thank our performers, KPAC and En Harmonic, for entertaining all guests with wonderful performances and sounds!

We thank everyone who attended our Hyo Festival. We hope that you all experienced an amazing and memorable time!

BMHC: SELF-CARE WORKSHOP

꽃에 물주기; 행복을 담아가세요!

Jar of Happiness

Self-Care Workshop

- 장소: 임마누엘 장로교회
28701 N Ivanhoe Ln,
Mundelein, IL 60060
- 날짜: 토요일, 11/04/23
- 시간: 10 - 2 P.M.
- 문의 및 등록: 847.616.2030
counseling@hanulusa.org

강사: 김혜노, CADC
한울 상담 센터

등록링크: [여기](#) 클릭

즐거운 소그룹 활동
• 굿바이 스트레스
• 감사와 나눔 • 마음챙김

무료 식사와 다과제공

IPC 임마누엘 장로교회
IMMANUEL PRESBYTERIAN CHURCH



QR Code

 한울 종합 복지관
Hanul Family Alliance

 THE LAKE COUNTY
COMMUNITY FOUNDATION
Growing Philanthropy. Building Community

Hanul Behavioral & Mental Health Center (BMHC): Self-Care Workshop

Our Behavioral & Mental Health Center will be hosting a self-care workshop themed “Jar of Happiness” on November 4th, from 10 AM - 2 PM, at Immanuel Presbyterian Church (28701 N. Ivanhoe Lane, Mundelein, IL 60060).

This workshop will include happy small group activities, appreciation sharing, practicing mindfulness, and so much more!

This workshop will be facilitated by Hyeno Kim, MA, CADC - Director of Behavioral Mental Health at Hanul Family Alliance. Please register via the QR code embedded in the graphic above.

Thank you!

If interested, please register for this workshop via the QR code embedded in the graphic above. The online signup form for this workshop can also be [found here](#).

Thank you!

MONGOLIAN CULTURAL DAYS



MADE IN MONGOLIA
Art Exhibition

November 2 -10, 2023 | Free Entry

AT THE SHOPS AT NORTH BRIDGE, 3RD FLOOR
520 N MICHIGAN AVE, CHICAGO, IL 60611, USA

Bringing the Best of Mongolia

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- GENUINE LEATHER PRODUCTS
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- SOUVINERS
- ARTS

www.MongolianDays.com



Welcome to **MONGOLIA**

Nov 2-10, 2023 | 9:00am

- MADE IN **MONGOLIA** EXHIBITION , **NOV 2-10, 2023 AT THE SHOPS AT NORTH BRIDGE**
- INVEST **MONGOLIA** FORUM, **NOV 3, 2023 AT THE MERCHANDISE MART**
- WELCOME TO **MONGOLIA** FESTIVAL, **NOV 4, 2023 AT THE NEW CITY PLAZA**
- MONGOLIAN** MOVIE DAY, **NOV 4, 2023 AT AMC, THE NEW CITY PLAZA**

REGISTER NOW

THE LARGEST MONGOLIAN EVENT IN CHICAGO

- MONGOLIAN FOOD FESTIVAL
- MONGOLIAN ART
- MONGOLIAN TRADITIONAL PERFORMANCE
- MONGOLIAN FASHION
- KIDS FRIENDLY

FREE ADMISSION

MONGOLIAN DAYS 2023 RSVP: www.MongolianDays.com
info@mongolianconsulate.us

Welcome to
MONGOLIA

You are invited to:
Welcome to Mongolia
FESTIVAL






A Festival celebrating the Mongolian culture through food, entertainment, movie, artisan shopping, performances and exhibits.

 Saturday Nov 4, 2023
  10:00am - 06:00pm
  Free Admission

At New City Plaza
1457 N Halsted St, Chicago, IL 60642, USA
www.MongolianDays.com

Register here


MADE IN MONGOLIA *Pop Up Shop*






November 2-10, 2023
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Mongolian Business and Cultural Days, 2023

Our colleagues at the [Consulate of Mongolia in Chicago](#) have shared with us various events that are taking place!

The “Mongolian Business and Cultural Days” events are the largest Mongolian events in Chicago. The events will be held on November 2nd-10th, 2023, in Chicago. The three main events are:

1. **“Made in Mongolia”** trade fair will open on November 2 at the Shops at Northbridge, which will run through December.
2. **“Invest Mongolia”** forum to be organized on November 3 at the Merchandise Mart.
3. **“Welcome to Mongolia”** cultural event to be organized on November 4 at the Newcity Mall.

Please register for & visit these events to have fun, and to learn more about and experience Mongolian culture!

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